



MEASUREMENT GUIDE



DISCLAIMER

Due to the nature of our business and it's goals, we have created an at-home measurement guide and validation tool to ensure the measurements taken are as accurate and informative as possible.

In addition with our measurement guide you will also be sent a measurement answer booklet to record your results.

Please note that all measurements taken should be true to your body. It is highly important you do not add or subtract centimetres from your reading as we calibrate this when submitting your order based on the conversation we have had about what you'd like to achieve.

If you have already attended a consultation and thus, already had your measurements taken, this is purely a tool to ensure the measurements are relatively similar. We understand in consultations some can be a bit nervous, which can cause them to subconsciously hold their breath etc which can influence measurements and the final result.

Thank you for your understanding and we are looking forward to making your dream suit.



GETTING STARTED

Please ensure the following steps are completed before taking your measurements:

- All belongings are taken out of your pockets and anything that would otherwise obstruct your measurements is amended.
- Please ensure your shoes are removed.
- If you wear any gender affirming items and presume they will be worn when you are wearing your custom suit, please ensure that you have put them on. This includes but is not limited to; binders, breast forms, packers etc.

What you will need:

1X TRUSTED PERSON TO ASSIST WITH MEASUREMENTS

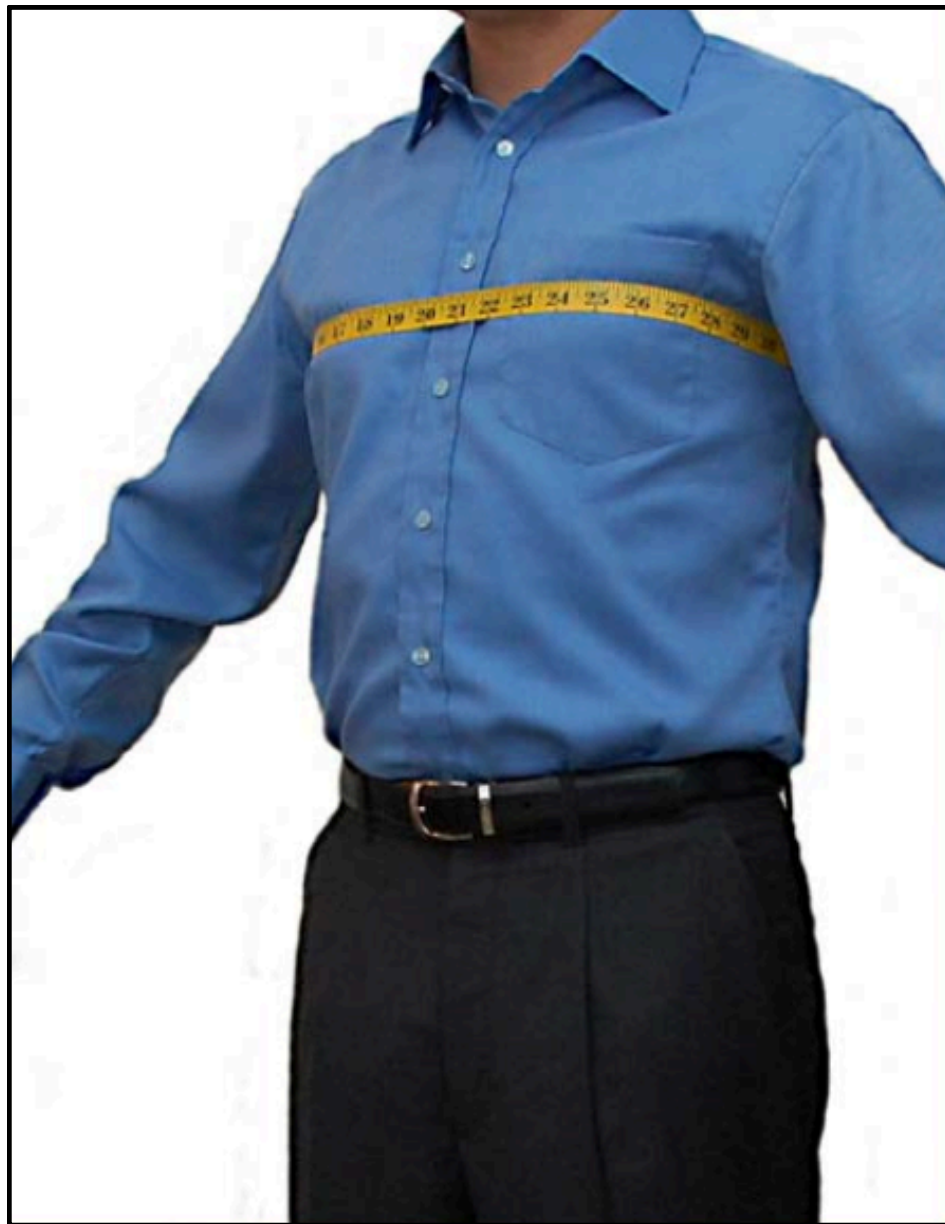
1X FABRIC TAPE MEASURE

1. NECK



- Measure around your neck at the height **where your collar, if buttoned, would be.**
- This measurement should be taken along the lower section of the neck, **below your Adams Apple** and **above your Sternal Notch.**
- The tape should be **comfortably touching** the skin, with enough room so that you do not feel restricted.

2. FULL CHEST



OUR TIP

Take a deep breath in and out. Due to our business being LGBTQIA+ focused, many people will subconsciously alter this measurement by suppressing or enhancing their chest. Try to remain neutral in your position.

- Measure around the chest and body at **its fullest part (typically** right under the armpits and shoulder blades, right **across the nipples)**.
- Hold the tape against the body tight enough so that it does not slip down, but **not so tight that it restricts breathing**. It should be “snug”.
- Make sure the tape is horizontal and the person's **arms are by their side**; then **take a normal breath** and measure.
- Don't puff out or restrict your chest & please double check this measurement.

3. FULL SHOULDER WIDTH



- Measure from the **end of the right shoulder** to the **end of the left shoulder**.
- We define the “End of the Shoulder” as **where the horizontal plane of the shoulder intersects the vertical plane of the arm** (see illustration).
- Double check measurement.

OUR TIP!

If comfortable, you may prefer to do this without clothing on. Make sure you identify the shoulders well as this measurement is difficult to be altered in the 2nd tailoring process. If this measurement is wrong, it can make the suit feel far too tight or too loose.

4 RIGHT SLEEVE & 5. LEFT SLEEVE



- Measure from the end of the shoulder to the “Pinch” of the hand.
- The “Pinch” of the hand is found **where the base of the thumb and the base of the index finger intersect** (approximately 1 inch above the index finger knuckle).
- Please do this for **both the left and right side.**
- Double check this measurement.

6. BICEP



- Measure around the **fullest part of the bicep** with the **arms by your side**.
- You need only measure one side.

7. WRIST



- Measure around the **fullest part of the wrist.**
- You need only measure one side.

8. WAIST



- Measure around the **fullest part of the waist** or right below your bottom ribs, whichever is greater.

9. STOMACH



- Measure around the fullest part of the stomach – this will vary for each person.

10. HIPS



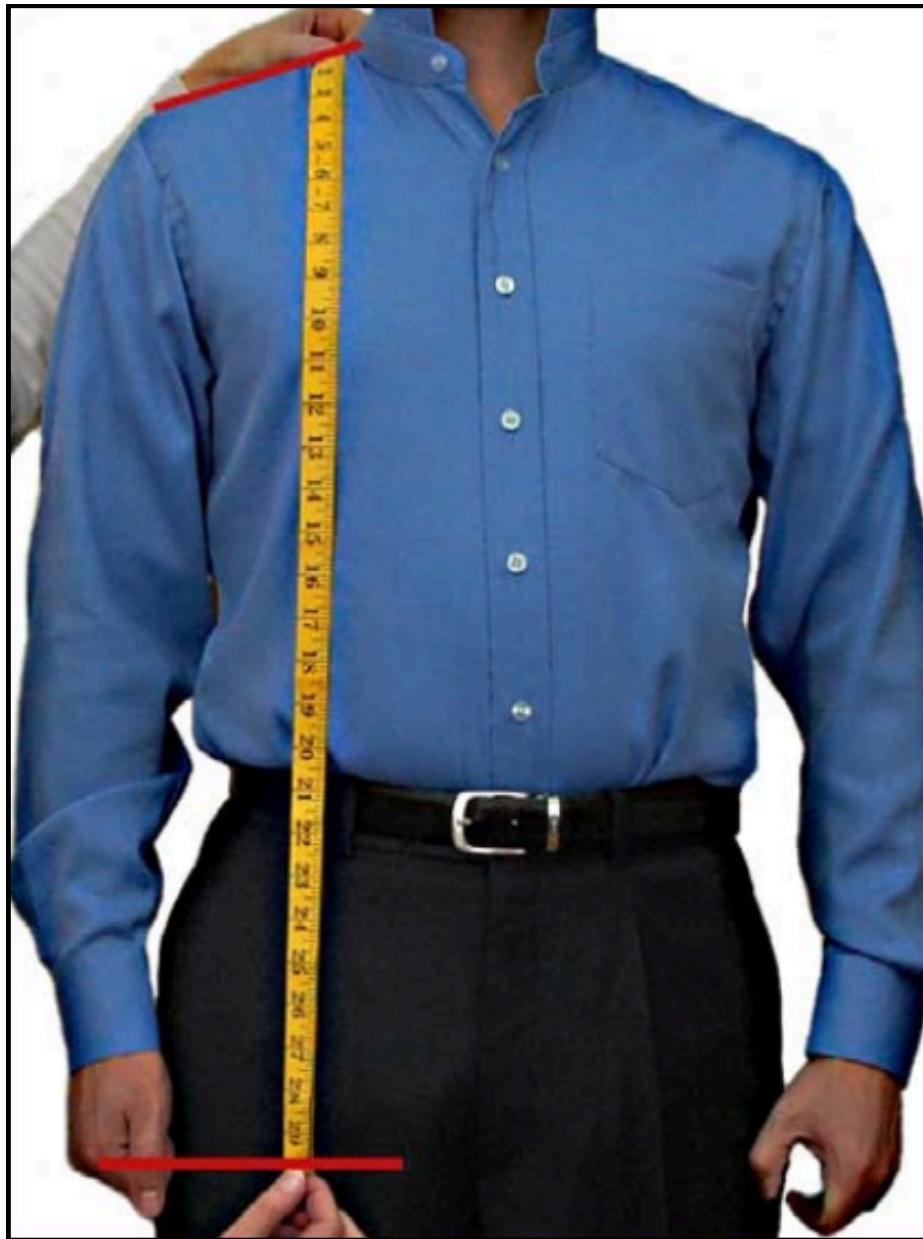
- Measure around the fullest part of the hips.

11. SEAT



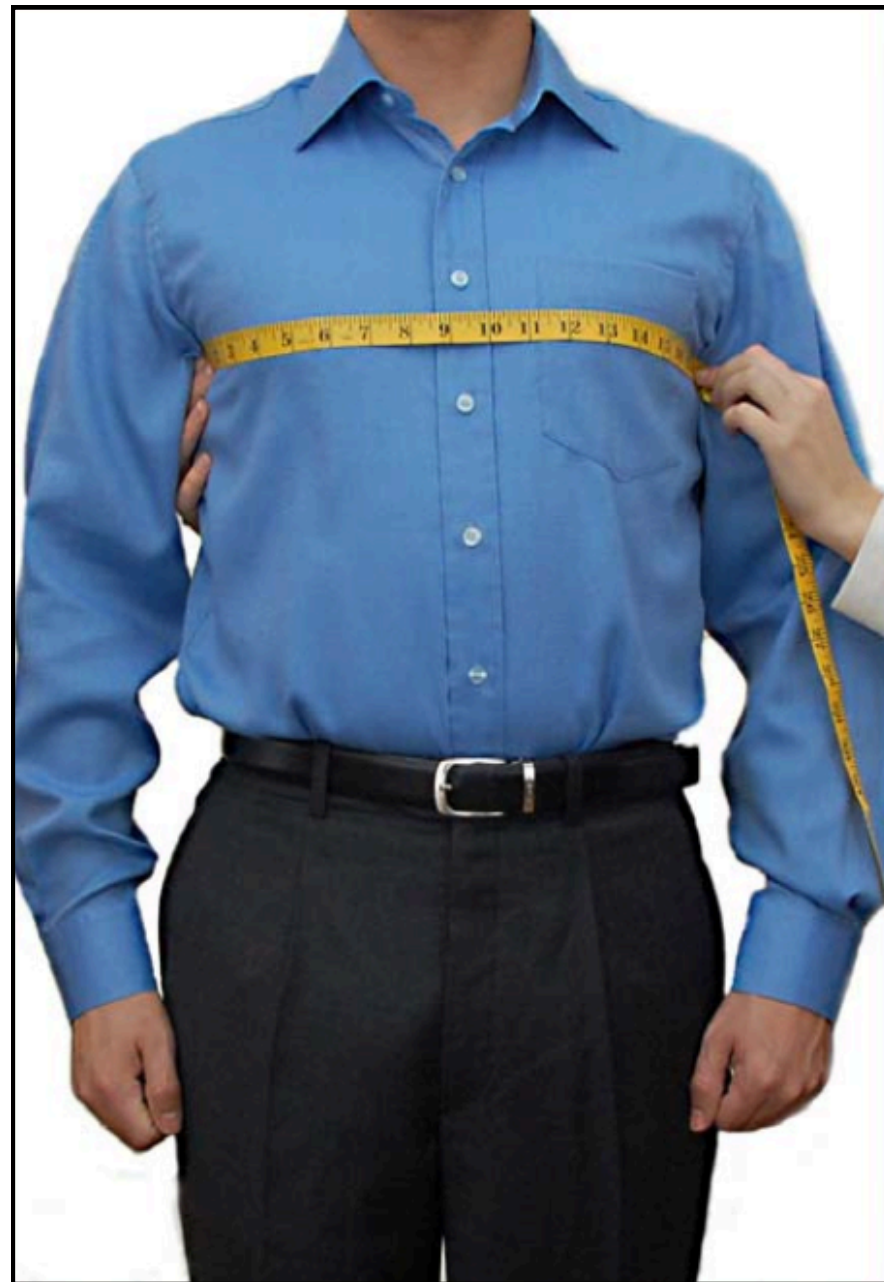
- Measure around the **fullest part of the buttocks**. This will **vary in every individual** – some may find it is near the hips and others may not.

10. FRONT JACKET LENGTH



- Measure straight down the front from the **base of the neck** (right or left side) to the point **level with your thumb knuckle**.

11. FRONT CHEST WIDTH



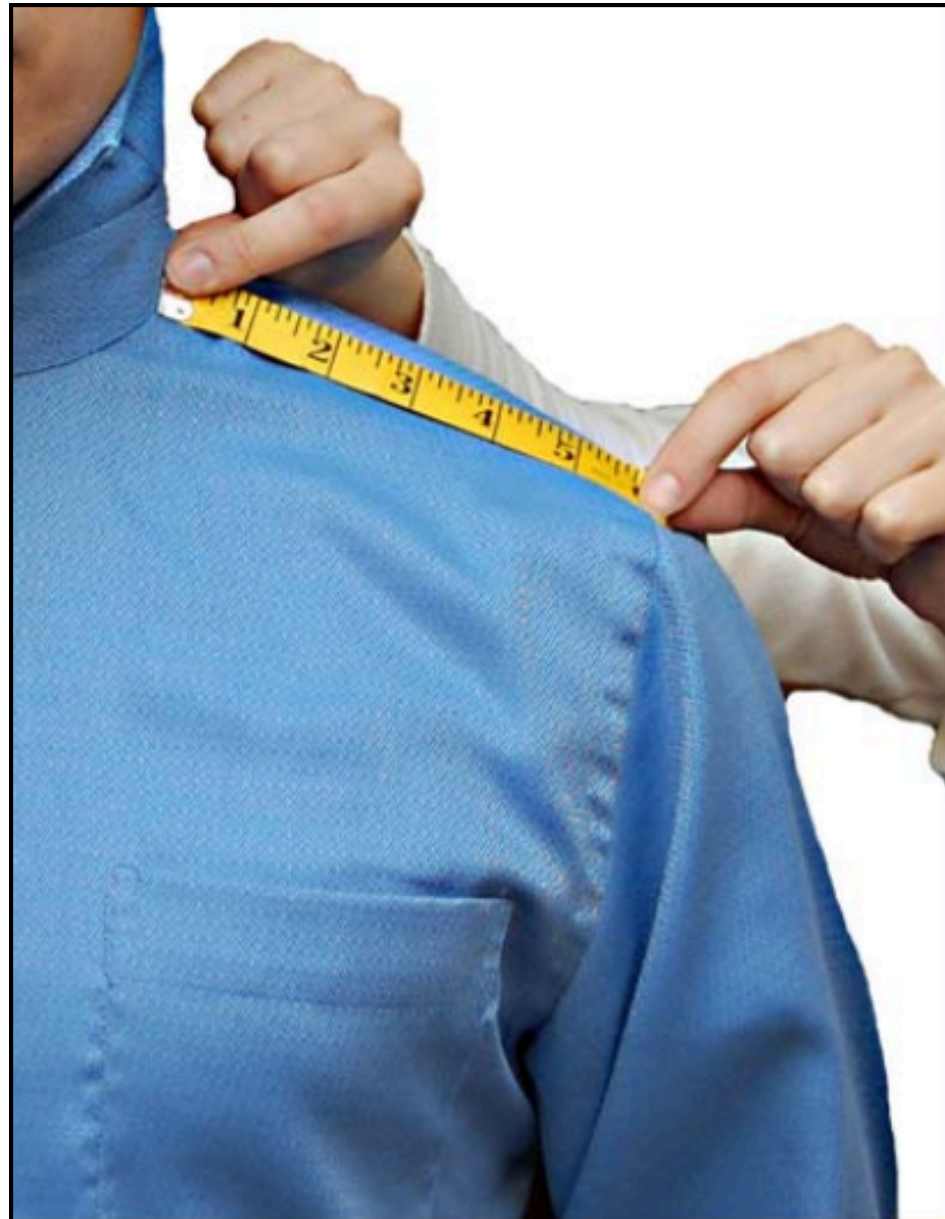
- With the **person's arms by their side**, measure across the **front of the chest**.
- Start at the front of the right armpit, continue measuring across the nipples, and then stop at the front of the left armpit. **Do not measure the whole length around the person or under the arms.**
- This is the **front** part of the full chest measurement we took in step 2.

12. BACK WIDTH



- With the **person's arms by their side**, measure across the back.
- Start at the back of the right armpit, continue measuring across the shoulder blades, and then stop at the back of the left armpit. **Do not measure the whole length around the person or under the arms.**
- This is the **back** part of the full chest/back measurement we took in step 2.

13. HALF SHOULDER WIDTH (R) & 14. HALF SHOULDER WIDTH (L)



- Measure from the end of the shoulder to the base of the side of the neck.
- We define the “Side of the Neck” as the point at which the vertical plane of the neck intersects the horizontal plane of the shoulder.
- Please do this for both the right and left side.

15. FULL BACK LENGTH



- Measure from the **base of the back of the neck to the floor.**
- We define the “base of the back of the neck” as the point at which the 7th cervical bone is located. To easily find this point, have the person being measured tilt their head forward so that the “knobby” bone at the base of the neck becomes obvious. Once located, you can have the person stand straight again and then measure.
- **No shoes please!**
- Double check this measurement.

16. HALF BACK LENGTH



- Measure from the **base of the back of the neck to the top of the pants waistband area.**

17. TROUSER WAIST



- Measure around your waist at the level **where you would normally wear your pant's belt.**
- With the tape measure snug around your waist, **relax**, and **take the measurement.**
- **Don't be alarmed if this measurement seems larger than expected;** off-the-rack pants are normally labeled as being smaller than what they really are.

OUR TIP!

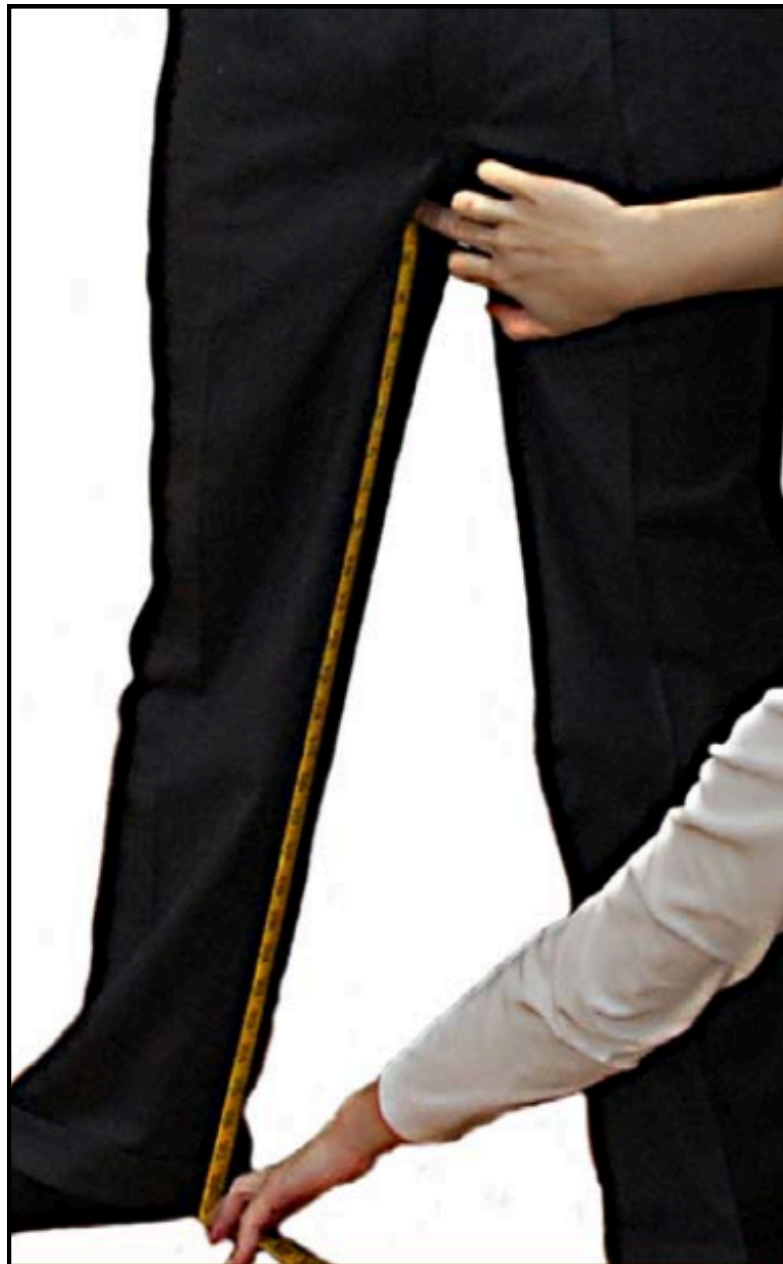
If you have selected a high waisted etc that we have chatted about in the appointment, please measure where you want your pants to be e.g for high waisted pants, measure around where that would sit rather than closer to the hips.

18. TROUSERS OUTSEAM



- Measure from the **lowest part of your crotch area to the floor.**
- Make sure the tape is tight along the inside of your leg, that **you are standing straight,** and then measure.
- **No shoes please!**

19. TROUSERS INSEAM



- Measure from the **lowest part of your crotch area to the floor.**
- Make sure the tape is tight along the inside of your leg, that **you are standing straight,** and then measure.
- **No shoes please!**

20. CROTCH



- Measure from **the front top of the pant's waistband to the back top of the pant's waistband.**
- **Make sure not to take this measurement too tight.**

21. THIGH



- Measure around your **thigh** at **its widest point**.
- You need measure only one side.

22. KNEE



- Measure around your **knee** at **its widest point**.
- You need only measure one side.



THANK YOU!



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